

# Oncology Concerts

• János Kollár<sup>1</sup>

---

## Abstract

Within the frameworks of the Oncology Concerts **interactive live vocal and instrumental concerts** are organized for children treated in the Oncology Department of Paediatrics of Medical and Health Science Centre of Debrecen University. Besides the children the target audience consists of relatives of the patients, the medical staff (doctors, nurses, supporting personnel), medical students and students of music. The concerts are organized **biweekly**. Their duration is 30 minutes per occasion. The repertoire consists of: **musical fairy tales**, what the children can use to experience the successful fight with the Enemy (in this case the Illness), pieces of **classical music** helping to dissolve emotional and communicational inhibitions and pieces of **light music** causing released, cathartic state.

The **main aims** of the program:

- Pain reduction,
- Energizing,

- Helping to express thoughts and emotions,
- Supporting the accommodation to the hospital environments of children and their relatives,
- Stimulating senses,
- Development of coping mechanisms,
- Reducing fear and tension,
- Promoting the feeling of success focusing the following areas:

1. ensuring natural environment helping the self-expression,
2. creating social environment for increasing the rate of interactions amongst the participants by activities suitable for the age of children,
3. helping the processing of topics concerning hospital treatments and death.

---

## Corresponding author:

• Prof. János Kollár, University of Debrecen, Medical and Health Science Centre, Institut of Behavioural Sciences, Nagyterdei Ktr. 98, 4032 Debrecen, Hungary, Tel.: +36-20-341-0870  
janoskollar@gmail.com

---

<sup>1</sup> University of Debrecen, Medical and Health Science Centre, Institut of Behavioural Sciences, Debrecen, Hungary